

Lincoln Head and Neck Warriors Minutes: June 10, 2025

4 survivors and Polly U. present

Discussed the face and name questionnaire for the booklet to be kept at GO Physical Therapy of the “stories” of the members of our group. You can add your name and even a picture or remain anonymous if you prefer. Polly sent out a copy of the questionnaire by email to everyone so please consider completing it and returning it to her. It is hoped that sharing this booklet will encourage someone during their treatment and even spark an interest in our group to increase attendance to our meetings. We also discussed adding additional information on the questionnaire to include location of cancer, surgery or not and if we had radiation/and or chemotherapy.

We also did some brainstorming of ways to try to increase attendance at our meetings as the numbers have been down in the recent months. It was decided to go to every other month format for our meetings going forward. Meeting months will be as follows: February, April, June, August, October and December. **NEXT MEETING WILL BE TUESDAY, AUGUST 12 @ 5:15PM. LOCATION OF MEETING TO BE DETERMINED (POLLY WILL VERIFY BY EMAIL PRIOR TO MEETING). PRESENTATION BY ALYSSA BARTELS REGARDING HER COMPANY, SENIOR HELPERS.** Some other ideas regarding increasing attendance were to reach out to other SPOHNC chapters (such as the Omaha chapter) to collaborate with them for meetings/presentations, traveling as a group to smaller towns for a few meetings here and there, having a pamphlet available to distribute to cancer centers, doctor offices, therapy locations etc. highlighting our group or possibly doing zoom meetings with SPOHNC chapters from across the country. Any input is welcome, just share your ideas with Polly. We are dedicated to reaching and encouraging as many people as possible!

NEXT MEETING: TUESDAY, AUGUST 12 @ 5:15PM, LOCATION: TO BE DETERMINED (EITHER GO PHYSICAL THERAPY, 40TH & O STREET OR PIEDMONT PARK SEVENTH-DAY ADVENTIST CHURCH, 4801 A STREET)